

Dean Eric Smith

Keynote Speaker | Executive Leadership Coach | Forgiveness Development Pioneer

Please read as written. A brief pause at each break helps the words land. Deliver the final line with warmth and energy.

PRIMARY INTRODUCTION · 60 TO 90 SECONDS

Every leader in this room is carrying something.

A hard conversation. An old resentment. A decision that still keeps them up at night. Most of us just call that “the job.”

Our speaker calls it something else. He calls it Hidden Emotional Overhead. And he has spent his career showing leaders how it quietly drains the clarity, the resilience, and the capacity that leadership actually requires.

Dean Eric Smith is a keynote speaker and Executive Leadership Coach. For twenty years, he has been speaking about one of the most powerful, yet overlooked, practices in all of leadership. For fourteen years, he has coached executives and high performers to lead at their best. He is the author of *The Forgiveness Habit*, and the subject of the award-winning documentary *Live to Forgive*.

What he teaches, he did not learn in a classroom. He learned it the hardest way a person can. That story is his to tell. And in a few minutes, he will.

He is going to show you what you have been carrying, what it is really costing you, and what becomes possible when you set it down.

Please join me in welcoming to the stage, Dean Eric Smith.

SHORT INTRODUCTION · ABOUT 30 SECONDS

Every leader carries something. A hard conversation. An old resentment. A decision that still keeps them up at night. Most of us just call that “the job.” Our speaker calls it Hidden Emotional Overhead, and he helps leaders set it down so they can lead with clarity and full capacity again.

For twenty years, Dean Eric Smith has been speaking about one of the most powerful, yet overlooked, practices in leadership. For fourteen years, he has coached executives to perform at their best. He is the author of *The Forgiveness Habit*, and the subject of the documentary *Live to Forgive*.

What he teaches, he learned the hardest way. And he is about to show you why it matters.

Please join me in welcoming to the stage, Dean Eric Smith.